

STANDING ELLIPTICALS						
COMPARE SPECIFICATIONS						
	LateralX	XT-One	XT4700	XT3700	Pro3700 Classic	Pro310
Key Mechanical Features						
Adjustable incline	–	1 to 10 (10° – 28°)	–	–	–	–
Stride lengths	–	20" – 28"	20" – 28"	24"	24"	20.5"
Electronic stride adjustable	Lateral Width	Stride	Stride	–	–	–
Close Pedal Spacing	–	•	•	•	–	–
Low step-up height	–	5"	•	•	•	•
Soft grip pedals	•	–	–	–	–	–
Covered track and rollers	–	Linkage System	•	•	•	–
Quiet motor	•	•	•	–	–	–
Transport wheels	•	•	•	•	–	–
MultiGrip and Converging Path Handlebars	•	•	•	•	•	–
Fingertip controls on moving handlebars	Level & Lateral Width	Incline & Stride	Level & Stride	–	–	–
Tablet/reading rack	Smart Console only	Smart Console only	Smart Console only	Smart Console only	•	•
Water bottle holder	•	•	•	•	–	–
Electronic Features						
SmartStride	–	•	•	–	–	–
Resistance levels	30	30	30	30	30	20
Quick starts	1	4	3	1	1	1
Wireless heart rate compatible	Polar®	Polar®, Ant+	Polar®, Ant+	Polar®, Ant+	Polar®	Polar®
Digital contact heart rate on moving handlebars	•	•	•	–	–	–
Digital contact heart rate on stationary handlebars	–	–	–	•	•	•
USB charging port	•	•	•	•	–	–
3-speed console fan	•	•	•	•	–	–
Self-powered (standard console only)	•	•	•	•	•	–
CSAFE	•	•	•	•	–	–
Console Options						
Smart	•	•	•	•	–	–
Standard	•	•	•	•	•	•
Entertainment Options (optional)						
Personal Viewing Screen	•	•	•	•	•	•
Wireless 900 Mhz	•	•	•	•	•	•
Workouts						
Number of programs on smart console	17	21	20	17	–	–
Number of programs on standard console	13	17	16	13	20	12
Preset Resistance Programs						
Manual	•	•	•	•	•	•
Random	•	•	•	•	•	•
Interval	•	•	•	•	•	–
Distance Goal	•	•	•	•	–	–
Calorie Goal	•	•	•	•	–	–
Custom Interval	–	–	–	–	•	•
Beginner	–	–	–	–	–	•
Hill	–	–	–	–	•	–
10K	–	–	–	–	•	•
Heart Rate-Controlled Programs						
Heart rate fat burn	•	•	•	•	•	•
Cardio	–	–	–	–	•	•
Heart rate interval	–	–	–	–	•	–
Heart rate custom interval	•	•	•	•	•	•
Heart rate hill	–	–	–	–	•	–
Heart rate speed interval	–	–	–	–	•	–
New leaf custom	–	–	–	–	•	–

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Advanced Programs						
CROSS CIRCUIT SM Solo	•	•	•	•	•	–
CROSS CIRCUIT Group	•	•	•	•	•	–
30:30 Interval	•	•	•	•	•	•
MMA	•	•	•	•	•	–
Constant Watts	•	•	•	•	•	–
Constant METs	•	•	•	•	•	–
350 Calories	–	–	–	–	–	•
750 Calories	–	–	–	–	–	•
Half Marathon	–	–	–	–	–	•
Navy PRT	–	–	–	–	•	–
Incline Programs						
Mountain Peak	–	•	–	–	–	–
30:30 Hill	–	•	–	–	–	–
Progressive Hill	–	•	–	–	–	–
Stride Length Programs						
SmartStride	–	•	–	–	–	–
PowerWalk	–	–	•	–	–	–
Stride interval	–	–	•	–	–	–
Dual direction	•	–	•	–	–	–
Lateral interval	•	–	–	–	–	–
Workout Boosters						
X-Mode	•	•	•	•	•	•
SmartStride	–	–	•	–	–	–
GlutePower	–	•	–	–	–	–
ArmBlaster	–	•	•	•	•	•
ThighToner	•	–	–	–	–	–
QuadPower	•	–	–	–	–	–
GluteKicker	–	–	–	•	•	•
Product Specifications						
Max user weight	400lbs (181Kg)	400lbs (181Kg)	400lbs (181Kg)	400lbs (181Kg)	400lbs (181Kg)	300lbs (136Kg)
Footprint (W x L)	42" x 63" (106 x 160cm)	33" x 75" (84 x 191cm)	33" x 77" (84 x 196cm)	33" x 77" (84 x 196cm)	31" x 69" (79 x 175cm)	31" x 65" (79 x 165cm)
Footprint – live area (W X L)	42" x 63" (106 x 160cm)	33" x 92" (84 x 234cm)	37" x 87" (94 x 221 cm)	37" x 86" (94 x 218cm)	34" x 63" (86 x 210cm)	34" x 76" (87 x 193cm)
Product weight	388lbs (176Kg)	395lbs (180Kg)	364lbs (165Kg)	342lbs (155Kg)	320lbs (145Kg)	260lbs (118Kg)
Warranty						
Parts	3 Years	3 Years	3 Years	3 Years	3 Years	2 Years
Labor	1 Year	1 Year	1 Year	1 Year	1 Year	1 Year