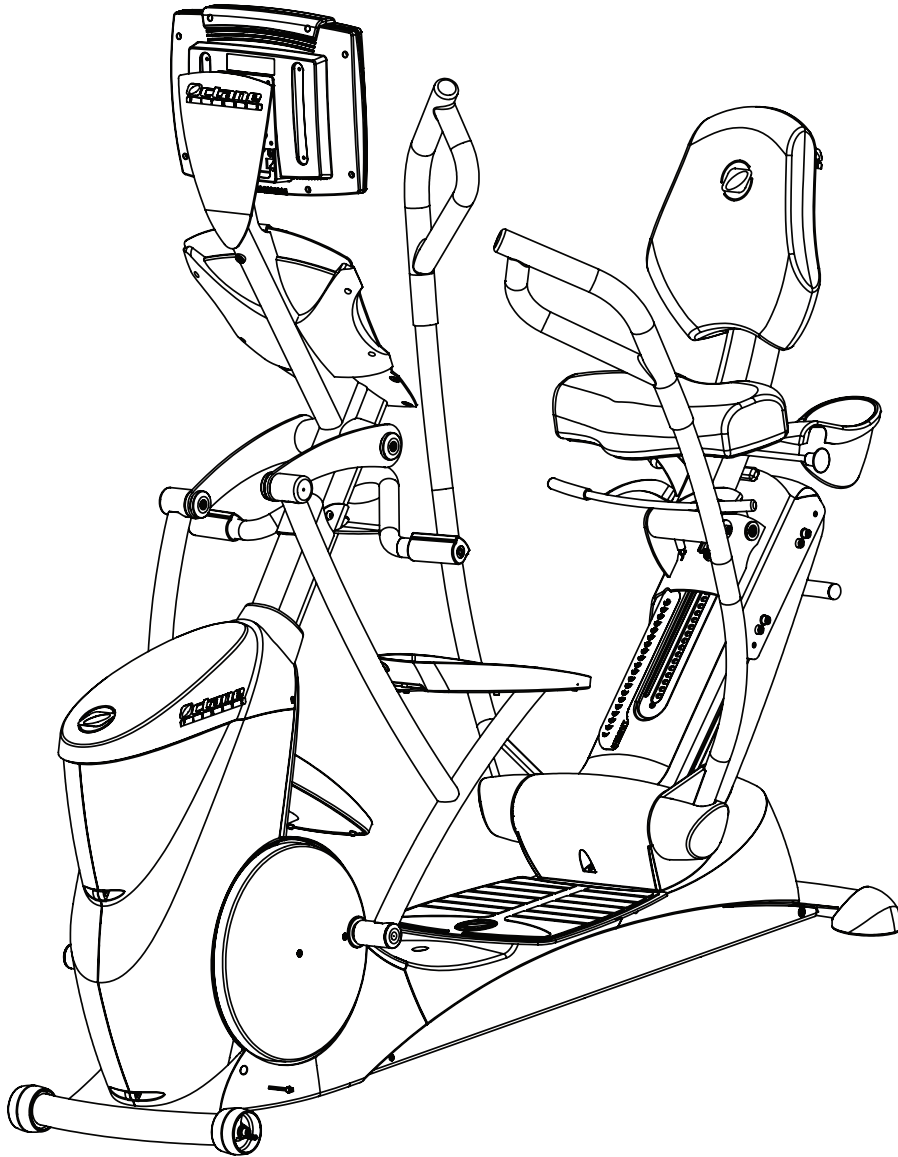


# ***Octane***<sup>®</sup>

**F I T N E S S**



***xRide***<sup>™</sup>  
by OCTANE FITNESS

***Consumer LCD Mounting Arm Kit***

**ASSEMBLY INSTRUCTIONS**

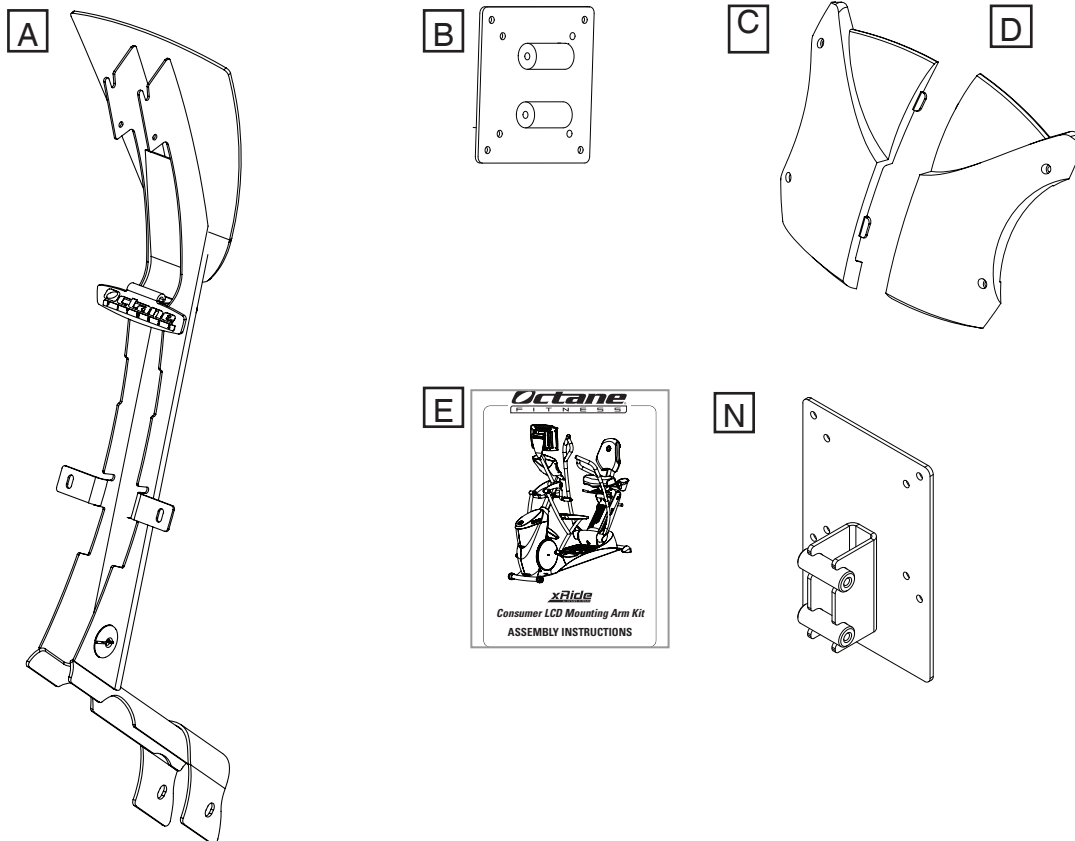
# xRide Consumer Series LCD-TV Mounting Arm Contents

The **LCD-TV Mounting Arm Kit** contains the following:

- A) LCD-TV Mounting Arm
- B) LCD-TV Mounting Bracket
- C) Console Back Cover, right side
- D) Console Back Cover, left side
- E) Assembly Instructions
- F) Coaxial cable with coupler (not shown)
- G) Hardware pack
- N) LCD-TV Mounting Bracket for Cardiovision LCD-TV

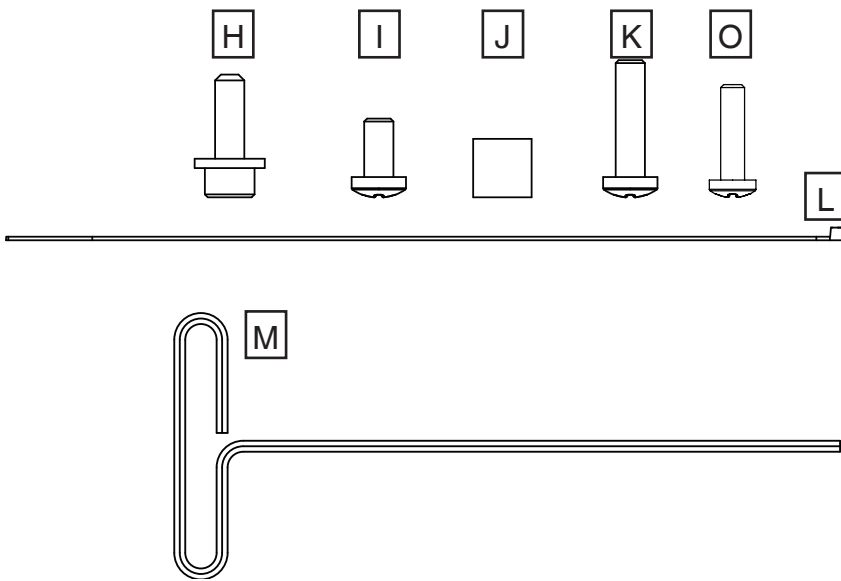
**Tools required:**

- Phillips screwdriver
- T-handle 4mm hex wrench (*included*)
- 5mm hex wrench



**Hardware Pack (G)** includes:

- H) 4 - Hex head screws with captive washers (for mounting screen-to-arm)
- I) 4 - 10mm Phillips screws (for mounting plate to screen)
- J) 4 - Spacers
- K) 4 - 20mm Phillips screws (to be used with spacers)
- L) 2 - Cable ties (for securing loose cables)
- M) 1 - T-handle hex wrench
- O) 4 - 16mm Phillips screws (for mounting plate to Cardiovison screen)



*\*Hardware illustrated to scale; not actual size.*

**WARNING!**

***Do not mount an LCD-TV screen weighing more than 8.5 lbs. (3.8 kg) on the LCD-TV mounting arm.***

**Note: Complete these instructions during initial assembly of the xRide Consumer Series elliptical (i.e., xR6), while mounting the console display on the mast. If you are installing the LCD-TV Mounting Arm on a fully-assembled elliptical, you will need to remove the console from the mast and remove the console back cover and the top cover in order to complete these instructions. It may be easier to route cables if you also remove the right front shroud.**

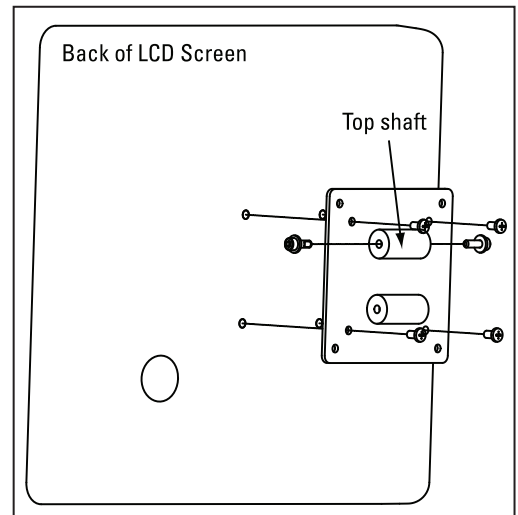
## 1. Attach screen mounting bracket to LCD-TV screen

**WARNING! Do not mount an LCD-TV screen weighing more than 8.5 lbs. (3.8 kg) on the LCD-TV mounting arm.**

- Position the screen mounting bracket (B) on the back of the LCD-TV screen, aligning the screw holes on the bracket with the screw holes on the back of the LCD-TV.
- Attach the screen mounting bracket (B) to the LCD-TV screen using four (4) Phillips screws (I or O); tighten.

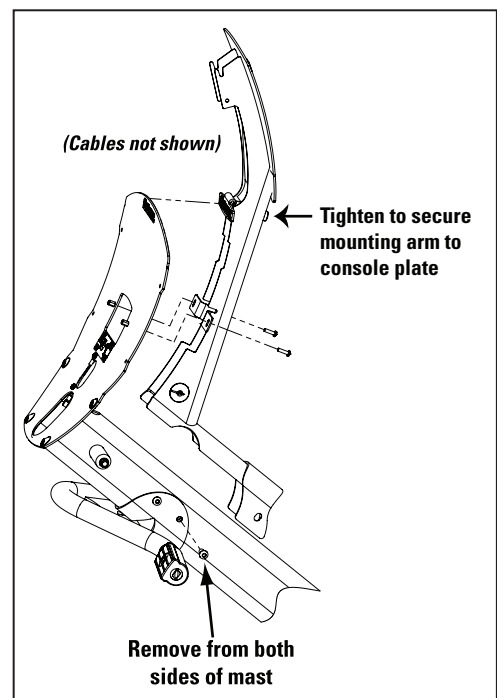
**Note: If your screen has a recessed pocket, use the included spacers (J) and 20mm Phillips screws (K) for mounting the bracket (B).**

- Insert one (1) hex screw with captive washer (H) into each end of the top shaft on the screen mounting bracket (B) and partially thread the screw into the shaft. Set the LCD-TV screen with attached mounting bracket aside.



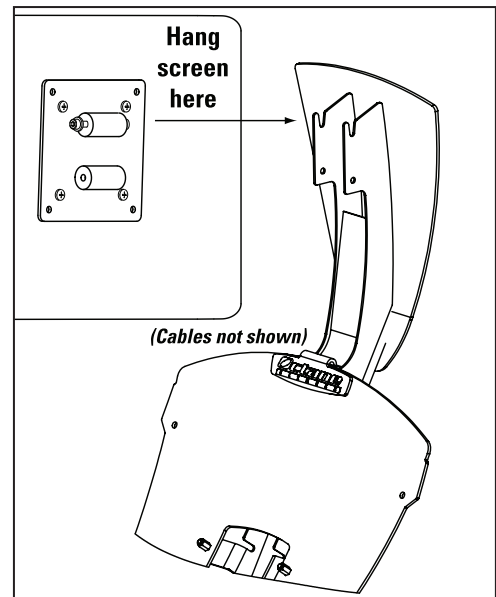
## 2. Attach LCD-TV mounting arm

- Use a 5mm hex wrench to remove the two (2) lower hex screws securing the footrest to the mast.
- Make sure that the console cables are out of the way so that they don't get pinched.** Place the upper clamp bracket over the top of the console plate. Do not tighten the screw at this time.
- Holding the cables at the top, push the mounting arm firmly against the console plate. Align the slots in the LCD-TV mounting arm tabs with the threaded holes in the back of the console mounting plate. Insert the 18mm Phillips screws originally used to hold the console back cover in place, then finger-tighten to hold the arm in place.
- Place the LCD-TV mounting arm over the footrest bracket and re-insert the hex screws into the mast.
- Tighten all four (4) screws to secure. Tighten upper clamp bracket screw. **Do not overtighten.**



### 3. Attach screen to mounting arm

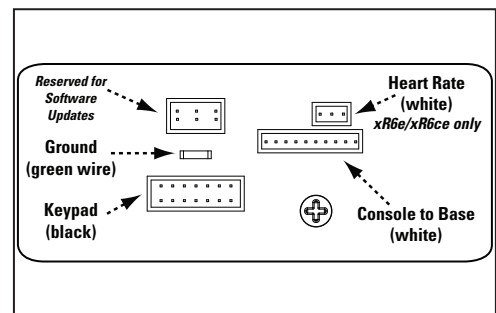
- Connect the power cord, controller cord, and coaxial cable to their appropriate connectors on the back of the LCD-TV screen.
- Hang the LCD-TV screen mounting bracket (B) on the top bracket of the LCD-TV mounting arm (A). Route the cables down the outside of the mounting arm and secure with cable ties (L) to the arm.
- Insert one (1) screw with captive washer (H) into each end of the bottom shaft on the screen mounting bracket (B); use the T-handle hex wrench (M) to tighten.
- Use the T-handle hex wrench (M) to tighten the screws in the top shaft of the screen mounting bracket (B).
- Use the cable ties (L) as needed to secure any loose cables.



### 4. Connect console cables

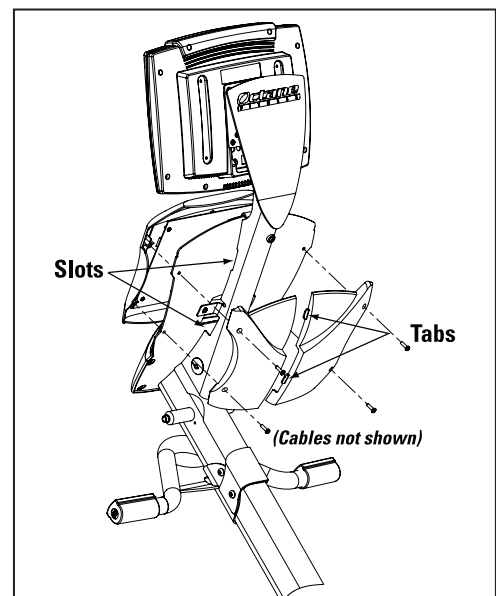
Connect all cables to their corresponding connections on the back of the console, according to the diagram at right.

**Hint: it is easiest to start from the bottom when connecting these cables.** Tuck the cables into the mast and rest the console on the console plate.



### 5. Attach console back covers

- Position console cover (C) or (D) behind console plate; slide tabs of console cover into slots in LCD-TV mounting arm (A).
- Insert two (2) of the Phillips screws provided in the console box of the xRide elliptical through the back of the console covers and into the console; tighten to secure console back and console to console plate.
- Repeat steps (a) and (b) for the remaining console cover (C or D).
- Ensure that the rubber grommet in the LCD-TV arm is securely in place.



**Note:** *If you have completed these instructions as part of the initial assembly of an xRide Consumer Series elliptical, return at this time to the Assembly Instructions for the xRide elliptical to complete the assembly. If you have installed the LCD-TV Mounting Arm Kit on a fully-assembled elliptical, replace the top cover (and right shroud if you removed it).*

## **N O T E S**

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