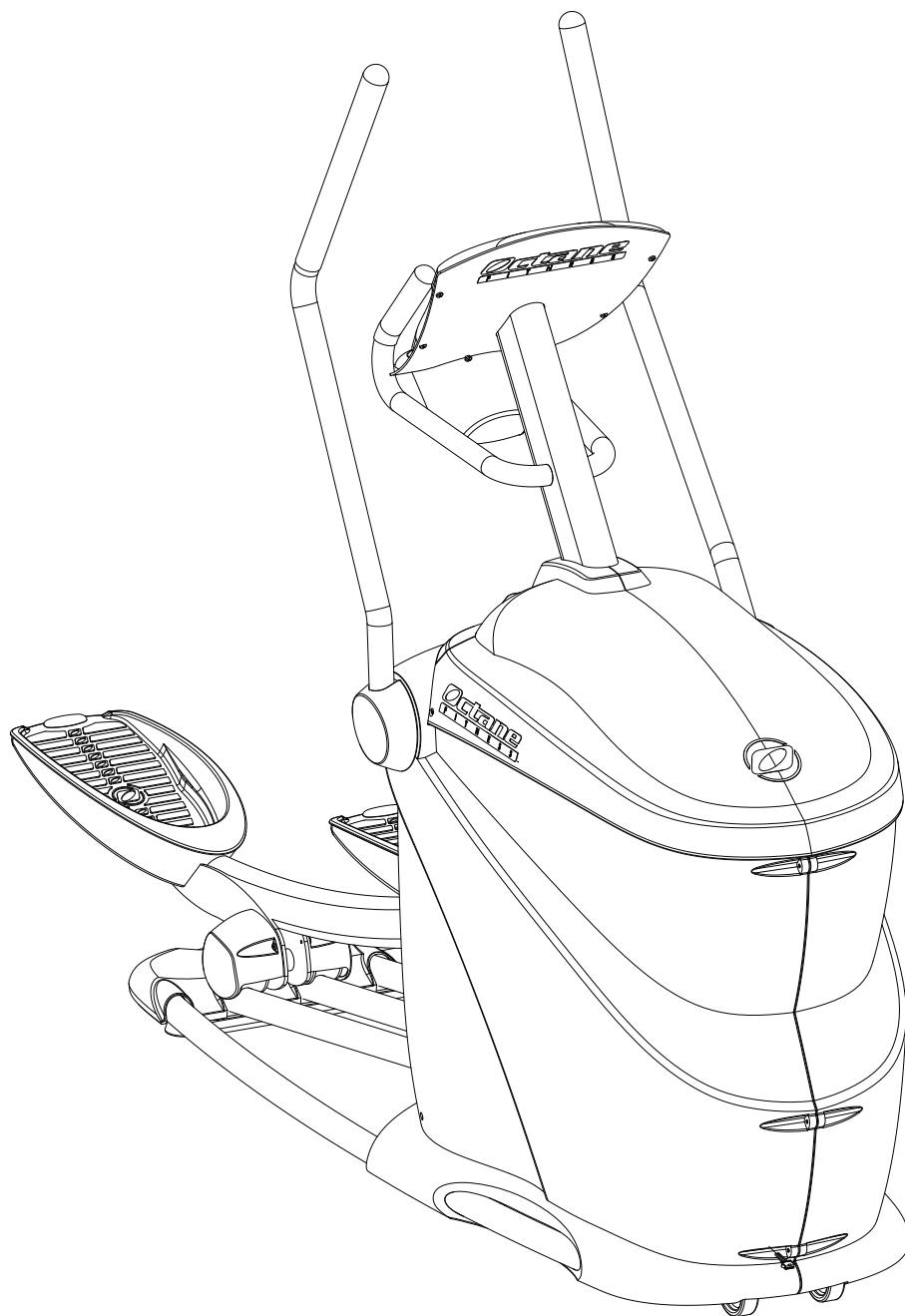


Octane[®]

F I T N E S S



Q35

A S S E M B L Y M A N U A L

Q 35 ASSEMBLY INSTRUCTIONS

PERSONAL RECORD KEEPING

Tip: Record the serial numbers of your Octane Fitness® elliptical in the spaces below. This will make it easier for you to obtain accurate and timely response should any service issues occur with your elliptical machine.

ATTENTION – All serial numbers begin with a letter.

Base Serial Number – located below front right chrome rail at the power inlet

Console Serial Number – located on the lower edge of the console

If you have any additional questions or need additional assistance in assembly, please contact your local service provider or Octane Fitness Customer Service at 1.888.OCTANE4 ext. 1. You may also visit us on the web at www.octanefitness.com.

WARNING: Machine contains moving parts. Use caution when assembling and operating this machine.



Q 3 5 C o n t e n t s

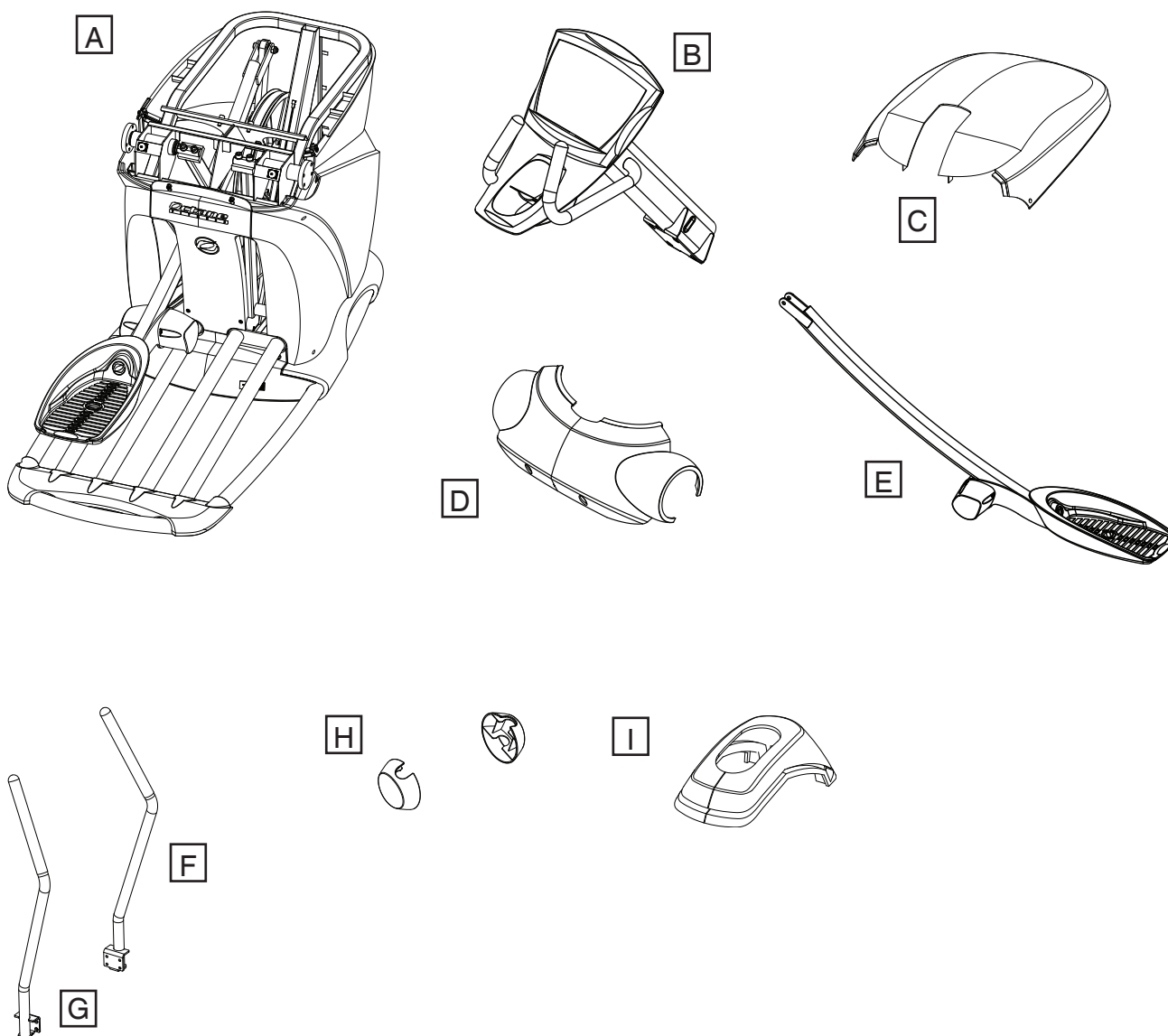
The **Octane Fitness base box** contains the following:

- A) 1 - Octane Fitness cross trainer base
- B) 1 - Console and mast*
- C) 1 - Top cover
- D) 1 - Access panel
- E) 1 - Detached right pedal lever
- F) 1 - Right moving handlebar
- G) 1 - Left moving handlebar
- H) 2 - Handlebar covers
- I) 1 - Mast boot
- J) 1 - Hardware pack

Tools required:

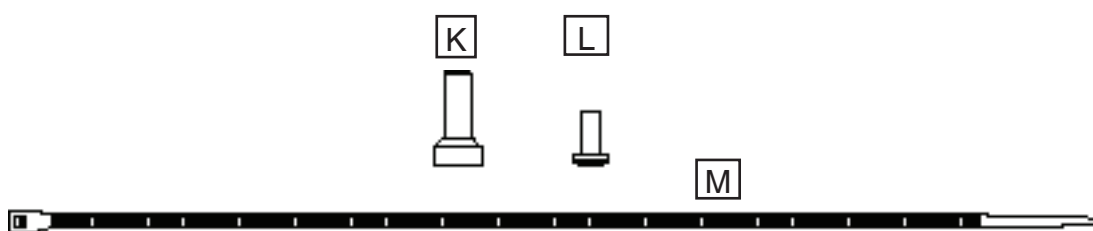
- Phillips screwdriver
- 17mm wrench or adjustable wrench
- 17mm socket and ratchet
- 6mm hex key wrench

* *Note: RoHS-compliant product ships with console and hardware (4 Phillips screws) in a separate box.*



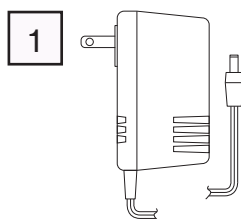
Hardware Pack (J) includes:

- K) 8 - 6mm hex key chamfered bolt
(for moving handlebar)
- L) 4 - Phillips screws
(for mounting top shroud and access panel)
- M) 1 - Cable tie
(for securing excess cable)



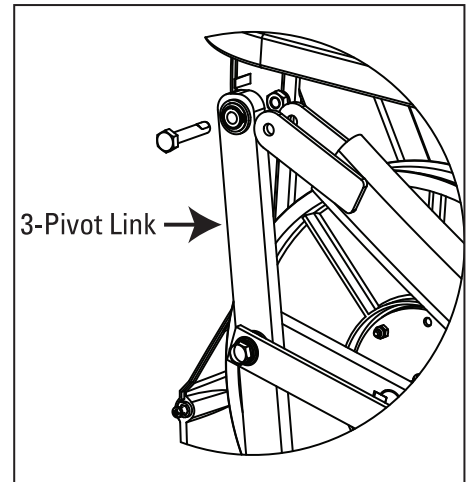
The **Q35 Power Supply box** contains the following:

- 1) 1 - Power supply
- 2) 1 - Information packet



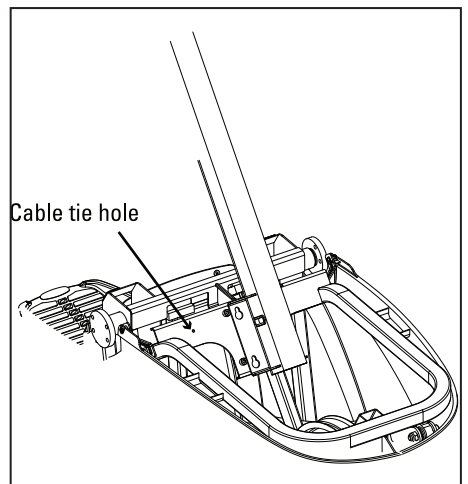
1. Attach pedal lever

- a. Remove bolt from 3-pivot link.
- b. Place right pedal lever (E) through leg slot in rear shroud and attach it to the 3-pivot link. **Check to see that the rollers are seated and properly aligned on the rails before securing the pedal lever.**
- c. Tighten the bolt and nut securely using 17mm socket and wrench.



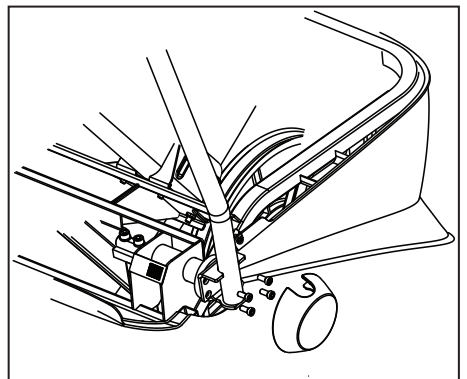
2. Install console mast

- a. Assemble the console and mast (B) by placing the keyhole slots in the mast plate over the bolts and sliding it forward and down (away from the pedals).
- b. Tighten the four 6mm hex key bolts attaching console mast to frame.
- c. Connect the main cable connector and the mast connector. *Listen for a click to make sure it is a positive connection.*
- d. **Insert the supplied cable tie (M) through the small hole to secure the cable to the frame. Push the excess cable into the console upright tube.**



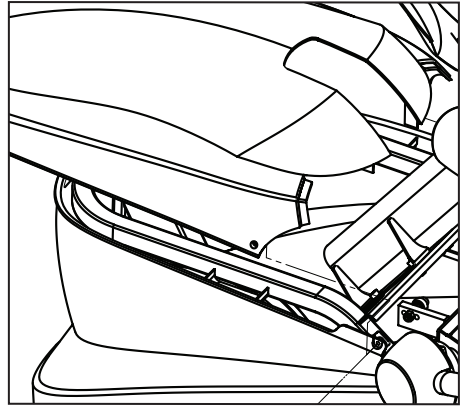
3. Attach arms—Arms are labeled left and right, be sure to install accordingly.

- a. Install moving handlebar (F or G) with four 6mm hex key bolts (K) on each side—**make sure these bolts are very tight.**
- b. Position the handlebar cover (H) over the handlebar pivot point and press firmly to attach.
- c. Repeat for the other side.



4. Place top cover

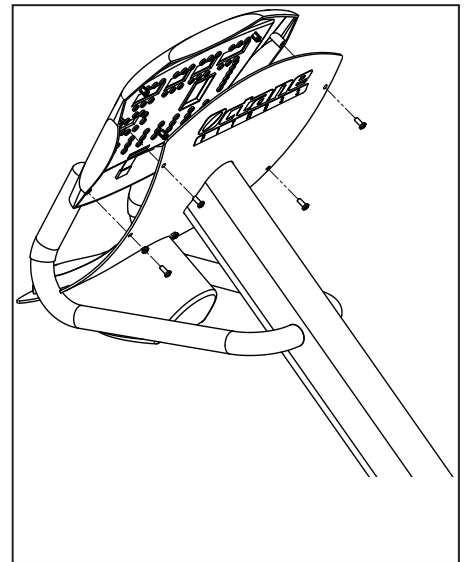
- a. Place top cover (C) on top of main housing. ***Make sure the steel bracket on the front of the top cover clips on to the front of the main frame.***
- b. Secure the top cover to the frame using 2 Phillips screws (L).



5. Mount the console to the console mast

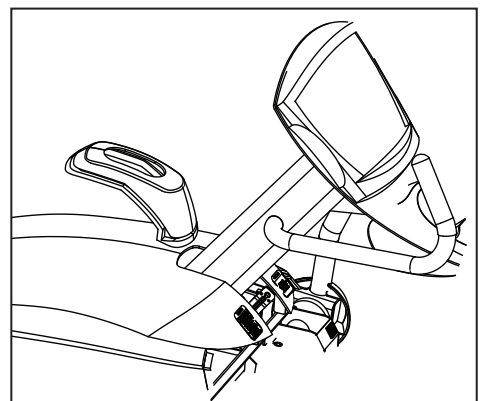
Note: If your product was shipped with the console attached, proceed to step 6.

- a. Attach the cable connectors from the console mast tube to the connections on the back of the console. ***Listen for clicks to ensure positive connections.*** Make sure any excess cable is pushed into upright tube.
- b. Position the console on the plate at the top of the mast (B), and insert 4 Phillips screws partially through the mast plate into the console back. Tighten screws to secure.



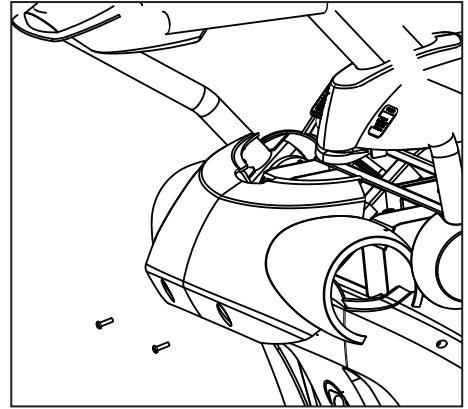
6. Install mast boot

- a. Place the rubber mast boot (I) around the mast (B).
- b. Starting at the front of the machine, tuck the edges of the boot under the lip of the top cover (C).



7. Install access panel

- Position the access panel (D) by sliding the round ends around the handlebar connections and the top edge under the top cover and into the recess of the mast boot (I).
- Press the access panel firmly into place and secure it to the frame on the left and right sides using 2 Phillips screws (L).

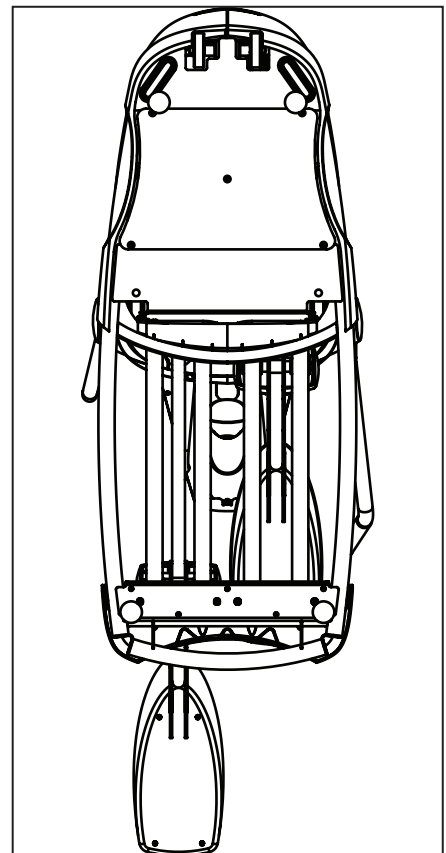
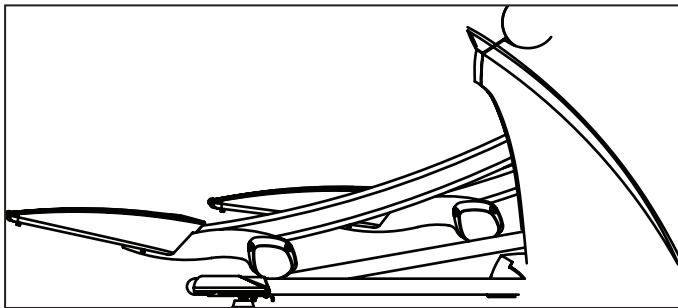


8. Adjust levelers

- Adjust all four levelers to make sure the product sits flat on the floor. For a lower step up height, screw the rear levelers into the rear stabilizer bracket. Then level the machine using the front levelers.
- Tighten the leveler nut against the frame for each leveler.

Note: *If you move your Q35, you may need to adjust the levelers to make sure your product is level with the floor.*

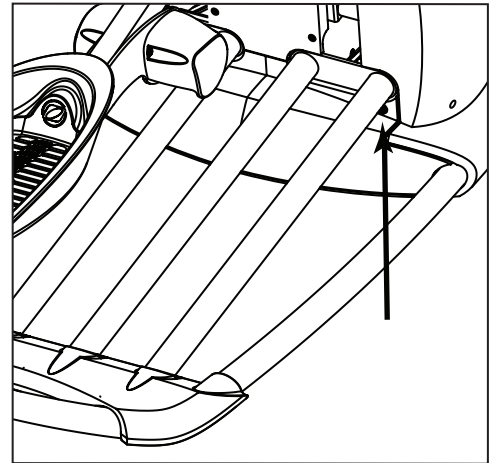
If the unit is not level, it may not function properly.



9. Plug in product

- a. First, insert the plug into the product, located just below the right roller track. Next, route the cable toward the wall outlet. You can run it under the product to avoid seeing it or tripping on the cable. Ensure that the cord will not be pinched and become damaged. Plug the product into the wall.

Note: *There is no need to turn off your product—your Q35 was designed with an intelligent sleep mode—a virtual off button. This eliminates the need for an on/off switch. When your product is in sleep mode, it uses very little power.*



M o v i n g t h e P r o d u c t

It is safest to move the product to its installation location in its shipping carton. It may be easier to move the product into your home after you remove it from the packaging, but be careful not to hit any walls or doors. The Q35 features transport wheels on the front of the unit. Be careful when moving from one surface to another, such as hardwood floor to carpet.

Note: *If you need to pick up your elliptical there are hand placement slots under the front shroud. Please take caution when lifting. The elliptical weighs approximately 260 lbs. when fully assembled.*

Tip: *When using the front transport wheels, it is easier to pull the unit rather than push it.*

NOTES



NOTES



Are you passionate about your workout and the results?

Share your story with others on the Octane Fitness web site.

Go to: ***www.octanefitness.com/testimonials***

Then click on "Share My Story" and
show the world how fueled you are.

F U E L Y O U R L I F E TM



9200 Wyoming Avenue North, Suite 380

Brooklyn Park, MN 55445

1.888.OCTANE4

www.octanefitness.com

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